GF TWO EGGS ANY STYLE 10.95

GF BACON OR HAM OR SAUSAGE & EGGS 15.95

GF) STEAK & EGGS (8 oz)

New York steak. Served with two eggs 24.95

All above egg dishes served with option of toast and hashbrowns or 3 pancakes or fruit.

PANCAKES (3) 10.95 **LARGE BELGIAN WAFFLE** 10.95 **FRENCH TOAST (3)** 10.95

Add strawberry or blueberry topping, banana slices, or chocolate chips 2.50 each.

GF EGGS BENEDICT

(2) Poached eggs, grilled ham on an engilish muffin topped with hollandaise sauce served with hashbrowns 15.95

Three eggs mixed with your favorite toppings. Served with option of toast and hashbrowns or pancakes or fruit.

- **GF THE 3 CHEESE** 14.95
- GF HAM & CHEESE 15.95
- **(F) BACON, MUSHROOM & CHEESE** 15.95

GF THE LOADED

Ham, bacon, mushrooms, tomato, onion and green peppers. Topped with hollandaise sauce or melted cheese 16.95

GF) GARDEN VEGETABLE

A delightful mixture of broccoli, tomatoes, green peppers, onions and mushrooms. Topped with hollandaise sauce or cheese 16.95

GF DENVER

Diced ham, green peppers and green onions. Topped with cheese 15.95



Eggs Benedict

Our skillets are full of hashbrowns that are topped with scrambled eggs and covered with your choice of cheese or hollandaise sauce. Served with toast.

GF THE TEXAN

Taco beef, green peppers, tomatoes and green onions. Served with salsa and sour cream 15.95

GF MEAT FULL

Full of bacon, sausages and diced ham 15.95

GF VEGGIE FULL

Tomatoes, broccoli, green peppers, onions and mushrooms 15.95



CUP SOUP 4.95 **BOWL SOUP** 6.95 **HASH BROWNS** 5.75

SINGLE EGG 1.95 PANCAKE 3.75

BACON OR SAUSAGES 4.25

TOAST 3.50

FRENCH TOAST SLICE 3.75 GF GLUTEN FREE TOAST 4.25

FRUIT CUP 6.95

HOLLANDAISE SAUCE 2.95

HOT/COLD CEREAL 5.95

All pasta served with garlic toast. Please ask your server about our gluten free options.

BAKED LASAGNE

Baked with choice of meat sauce or tomato sauce 17.95 - Half order 15.95

GF) GLUTEN FREE BAKED PENNE

Baked Penne with choice of meat sauce or tomato sauce topped with melted mozza 17.95 - Half order 15.95

GF) FETTUCCINE ALFREDO

Full order \$16.95 Half order 14.95 Add grilled chicken or shrimp 6.00

GF) PENNE CARBONARA

Penne noodles with bacon and green onions in a rich garlic cream sauce 17.95 Add chicken or shrimp 6.00



Baked Lasagne

BOTTOMLESS POP 3.00

Pepsi, Diet Pepsi, Ginger Ale, Iced Tea,7up.

COFFEE/TEA 2.75

HERBAL TEA 2.95

HOT CHOCOLATE 2.95

JUICE 3.00

Apple, Pineapple, Cranberry, Orange

MILK

White or Chocolate 3.00 (F) Almond Milk 3.00

SPECIALTY COFFEES

Latte 3.95 Cafe Mocha 3.95 Espresso 3.95 Cappuccino 3.95 French Vanilla Cappuccino 3.95

GF) CHICKEN CLUBHOUSE

A plump breast of chicken, crisp bacon, fresh tomatoes, lettuce and chipotle. Served on a whole wheat panini bun with soup or salad or fries 16.95

PRIME RIB BEEF DIP

Layers of tender prime rib served in a whole wheat panini bun and dipping gravy. Served with soup or salad or fries 17.95

FISH & CHIPS (3)

Tempura battered cod served with tartar sauce. Choice of soup, salad or fries 17.95

GF) STEAK SANDWICH

8 oz New York on top of garlic toast and covered in crispy breaded onions. Served with soup or salad or fries 24.95

CHICKEN FINGERS (4)

Served with plum sauce and soup or salad or fries 17.95

GF CLASSIC REUBEN

Thinly sliced pastrami on rye with swiss cheese, sauerkraut and chipotle. Served with soup or salad or fries 16.95

THE QUESADILLA

Filled with cheese, onions, tomatoes, green peppers and your choice of seasoned chicken or taco beef. Served with chipotle sauce, sour cream and salsa 14.95

Homemade beef and chicken burgers are topped with lettuce, tomato, crispy onions and chipotle sauce. Served with choice of soup, salad or fries.

Upgrade to ceasar or greek salad for 2.50

- **GP CHEDDAR 'N BACON** 17.95
- **GF MUSHROOM SWISS** 17.95
 - **GF BLACK 'N BLEU** 17.95
 - **GF** CLASSIC CHICKEN

Topped with lettuce, tomato and chipotle sauce 16.95

GF) CHICKEN BACON SWISS

Topped with lettuce, tomato and chipotle sauce 17.95

🐠 VEGETARIAN BURGER 17.95 🐠







Asian Noodle Bowls

served with a vegetarian spring roll.

TOSSED SALAD 12.95

Fresh mixed artisan greens with cucumber, tomato and carrots.

CLASSIC CAESAR

Crisp romaine, bacon bits, croutons tossed in gourmet caesar dressing. 13.95. Half order 11.95. Add grilled chicken or shrimp 6.00



GREEK SALAD

Crisp romaine, cucumbers, tomatos, red oinions & green peppers, tossed in Greek dressing 14.95 Half order 12.95 Add grilled chicken or shrimp 6.00

THAI CHICKEN SALAD

Crisp romaine, green cabbage, carrots, tomatoes, sprouts and peppers in a peanut satay dressing. Topped with chopped nuts 17.95

GF) ORGANIC QUINOA SALAD 🐠

Fresh greens, crumbled feta, mandarin orange, capers, candied pecans, tomatoes, peppers, raisins and dried cranberries in a raspberry vinaigrette 16.95

ORANGE & GINGER CHICKEN SALAD

Artisan greens, tomatoes, cucumber, mandarin oranges, onions, peppers topped with orange and ginger dressing and seasoned strips of chicken 17.95

All salads served with garlic toast.



Chicken Satay 18.95

Tender strips of chicken breast with peanut satay sauce served on top of fresh greens, sprouts and rice or rice noodles



Sweet Chili Shrimp 18.95

Grilled shrimp in a sweet n spicy chili sauce served with fresh greens, bean sprouts and rice or rice noodles.

Vegetarian Bowl 18.95 **(f)**

Fresh mixed greens broccoli, cabbage, carrots, green onions, mushrooms and green peppers served with rice or noodles.

Combo Bowl 19.95

Satay chicken, sweet chili shrimp.



GRAVY 1.95 **FRIES** 5.95 **SWEET POTATO FRIES** 6.95 **EXTRA DIPS** 1.75 **EXTRA CHEESE** 1.75 **POUTINE FRIES** 7.95

IGHTER SIDE SENIORS IN SENIORS

Add a salad or cup of soup 4.25



Chef's choice of pasta with meat sauce or tomato sauce on the side 12.95

SENIOR/KID FISH 'N CHIPS (2)

Tempura battered cod served with tartar sauce and coleslaw 14.95

SENIOR/KID CHICKEN STRIPS 'N CHIPS (2)

Breaded strips of tender chicken breast served with plum sauce 12.95

PEROGIES (6)

Boiled and panfried, sauteed with onions, bacon bits and sour cream 12.95

CHEESE BURGER (4 oz)

Topped with lettuce and tomato.
Served with fries 12.95

HOT BEEF SANDWICH

Served open faced with veggies, mashed potatoes and gravy 15.95

SENIOR/KID BREADED PORK OR CHICKEN CUTLET

Tender breaded cutlet topped with mushroom gravy. Served with veggies & mashed potatoes 15.95

LIVER AND ONIONS

Tender breaded liver topped with gravy, onions, bacon and served with veggies and mashed potatoes 15.95

SALISBURY STEAK (6 oz)

Ground beef steak smothered with onion, mushrooms and gravy. Served with mashed potatoes 15.95

GRILLED CHEESE SANDWICH

Classic Cheddar Cheese with French Fries 11.95

DOUBLE PEPPERONI & CHEESE

Pepperoni, cheese, homemade marinara 10" 24.00/ 12" 28.00/ 15" 39.00

HAWAIIAN

Country style ham, pineapple, homemade marinara 10" 24.00/ 12" 28.00/ 15" 39.00

BUTTER CHICKEN

Chicken, Red Onion, Green Onion, Mozza, served on Butter Chicken sauce 10" 25.00/ 12" 31.00/ 15" 45.00

BBQ CHICKEN

Grilled chicken, bacon, onions, cheddar, mozza, BBQ sauce 10" 25.00/ 12" 31.00/ 15" 45.00

CHICKEN ALFREDO

Diced Chicken, Green Onion, Mushrooms, Mozza on Alfredo Sauce 10" 25.00/ 12" 31.00/ 15" 45.00

GREEK

Green peppers, onions, tomatoes, black olives, feta 10" 25.00/ 12" 31.00/ 15" 45.00

MEAT LOVER

Salami, pepperoni, beef, ham, bacon 10" 25.00/ 12" 31.00/ 15" 45.00

VEGETARIAN

Mushrooms, green peppers, onions, fresh tomatoes, black olives 10" 25.00/ 12" 31.00/ 15" 45.00

DELUXE LOADED

Pepperoni, salami, ham, peppers, onions, mushrooms, pineapple, cheese 10" 25.00/ 12" 31.00/ 15" 45.00

CUSTOM PIZZA

AVAILABLE ON GLUTEN FREE CRUST

OF 10" ADD 3.50 OF 12" ADD 4.50

TOPPINGS: HAM, PEPPERONI, SALAMI, BEEF, BACON, CHICKEN, GREEN PEPPERS, TOMATOES, ONIONS, MUSHROOMS, PINEAPPLE, SHRIMP, JALAPENOS, BLACK OLIVES, FETA.

TWO TOPPING

10" 24.00/ 12" 28.00/ 15" 39.00

THREE TOPPING

10" 25.00/ 12" 30.00/ 15" 43.00

ADDITIONAL TOPPINGS

10" 2.50/ 12" 3.00/ 15" 4.00





VEGAN

ASK YOUR SERVER

GST/PST NOT INCLUDED - SERVED 11:00AM TO 11:00PM Auto Gratuity of 15% on Groups of More Than 8