2019 SASKATCHEWAN TRAVEL GUIDE

TOURISM Saskatchewan

Welcome to Saskat

Where time

Grasslands National Park

chewar

and space

come together.

TourismSaskatchewan.com

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Near La Ronge

NEED MORE INFORMATION?

Let our friendly Travel Counsellors help you plan your Saskatchewan vacation. With one toll-free call or click of the mouse, you can receive travel information and trip planning assistance.

Service is offered in Canada's two official languages – English and French. Le service est disponible dans les deux langues officielles du Canada – l'anglais et le français.

CALL TOLL-FREE: 1-877-237-2273

IMPORTANT NUMBERS

CALL 911 in an emergency

Travellers experiencing a serious health-related situation, illness or injury should call 911 immediately. Available provincewide, 911 will assist with identifying and dispatching appropriate emergency services.

CALL 811 for HealthLine inquiries

Travellers who may be experiencing a health-related situation, unexpected illness, chronic illness or injury can access professional health advice by dialing 811, the number for Saskatchewan's HealthLine.

HIGHWAY HOTLINE

Regina and area: 306-787-7623 Saskatoon and area: 306-933-8333 SaskTel Cell Network: *ROAD (*7623) Toll-free across Canada: 1-888-335-7623

saskatchewan.ca/live/transportation/highway-hotline

FREE 2019 SASKATCHEWAN TRAVEL RESOURCES

Saskatchewan Fishing & Hunting Map This colourful map offers information about Saskatchewan's great fishing and hunting opportunities.



Saskatchewan Official Road Map This fully detailed navigator is a handy tool for touring the province.

WEBSITE

TourismSaskatchewan.com is where you will find a wealth of great travel planning information and ideas for vacations, road trips, activities and more. You can chat live with a Travel Counsellor.

Email us at travel.info@tourismsask.com.

SOCIAL MEDIA

- facebook.com/TourismSaskatchewan instagram.com/TourismSask
- youtube.com/TourismSaskatchewan
- y twitter.com/Saskatchewan

SASKATCHEWAN TOURISM AREAS

The Saskatchewan Travel Guide is divided into sections based on areas defined on the map below.

CONTACT TOURISM SASKATCHEWAN:

Regina Office 189 – 1621 Albert Street 306-787-2300

Saskatoon Office 102 – 202 4th Avenue North 306-933-5900

CONTACT THE CITIES:

Tourism Regina 1-800-661-5099 or 306-789-5099

Tourism Saskatoon 1-800-567-2444, Ext. 1 or 306-242-1206

Tourist information centres operate year round in most Saskatchewan cities and many smaller communities.

Contact information is subject to change.

Published by:

Tourism Saskatchewan 189 – 1621 Albert Street Regina, SK Canada S4P 2S5 Phone Toll-Free: 1-877-237-2273/306-787-2300 Fax: 306-787-6293

Information Warning and Disclaimer:

The information in this publication is provided to Tourism Saskatchewan by the operators or organizers of the facilities, attractions and events listed. Some changes may occur after time of publication.

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Travel corridors, along with all communities, major highways and roads are shown in full detail on the Saskatchewan Official Road Map.



SASKATCHEWAN AT A GLANCE

QUICK FACTS

- Saskatchewan population was 1,098,352 in the 2016 Census of Canada.
- The capital city is Regina, with a population of 236,481 (metropolitan). The largest city is Saskatoon, with a population of 295,095 (metropolitan).
- The name "Saskatchewan" comes from the Indigenous word "kisiskatchewan" – meaning the river that flows swiftly.
- Saskatchewan covers 651,900 sq. km onehalf of the province is covered by forest, onethird is farmland and one-eighth is freshwater.
- Saskatchewan is located in the heart of North America, neighbouring the provinces of Manitoba and Alberta. To the south, it borders the American states of Montana and North Dakota. To the north is the Northwest Territories.
- The Cypress Hills reach 1,392 m above sea level, the province's highest elevation point.
- Saskatchewan's principal export industries are mining, oil and gas, agriculture, manufacturing and tourism.

Population source: Statistics Canada, 2016 Census of Canada



To learn more about Saskatchewan, visit TourismSaskatchewan.com

FLYING TIME FROM	TO REGINA	TO SASKATOON
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Vancouver	2 hours	2 hours
Calgary	1 hour 15 min	1 hour
Edmonton	1 hour 15 min	1 hour
Winnipeg	55 min	1 hour 10 min.
Toronto	2 hours 50 min	3 hours

NATIONAL DISTINCTIONS

- Saskatchewan is home to Canada's only training academy for Royal Canadian Mounted Police (RCMP) recruits, in Regina.
- The T. rex skeleton, excavated near Eastend in 1994-95, is one of only 12 such discoveries in the world.
- The Athabasca Sand Dunes are the most northerly major sand dunes in the world, and among the largest in North America.
- The Canadian Light Source, a stadium-sized synchrotron light research facility, is located on the University of Saskatchewan campus in Saskatoon.
- Canada is the world's largest exporter of lentils, dry peas, mustard, flaxseed and canola. All of these crops are grown in Saskatchewan.
- Saskatchewan is the world's chief source of uranium and potash, and has one of the world's largest kimberlite fields.

SOUTHERN SASKATCHEWAN



SOUTHERN SASKATCHEWAN

PROVINCIAL PARK/PROVINCIAL HISTORIC PARK

Provincial Parks and Historic Parks:

- 5 Buffalo Pound Provincial Park
- 7 Cannington Manor Provincial Historic Park
- Crooked Lake Provincial Park
 Cypress Hills Interprovincial Park
- 13 Danielson Provincial Park
- 14 Douglas Provincial Park
- 16 Echo Valley Provincial Park
- 23 Katepwa Point Provincial Park
- 25 Last Mountain House Provincial Historic Park
- 28 Moose Mountain Provincial Park
- **32** Regina Beach Recreation Site
- **33** Rowan's Ravine Provincial Park
- **34** Saskatchewan Landing Provincial Park
- **35** St. Victor Petroglyphs Provincial Historic Park

- 37 Touchwood Hills Post Provincial Historic Park
- **39** Wood Mountain Post Provincial Historic Park

National Parks and Historic Sites:

- 2 Claybank Brick Plant National Historic Site
- 4 Esterhazy Flour Mill National Historic Site
- 6 Fort Esperance National Historic Site
- 9 Fort Walsh National Historic Site
- 11 Government House Museum and Heritage Property
- 12 Grasslands National Park West/East Block
- 13 Motherwell Homestead National Historic Site
- **15** Our Lady of Assumption Co-Cathedral
 - Notre Dame de l'Assomption Saskatchewan Legislative Building and
- 17 Saskatchewan Legislative Building and Grounds (National Historic Site)

Regional Parks:

- 1 Antelope Lake Regional Park
- 2 Assiniboia Regional Park
- 4 Bengough & District Regional Park
- 7 Cabri Regional Park
- 9 Carlton Trail Regional ParK
- 10 Ceylon Regional Park
- 12 Craik and District Regional Park
- 13 Dunnet Regional Park
- 20 Jean Louis Legare Regional Park
- 21 Kemoca Regional Park
- 24 Lac Pelletier Regional Park
- 32 Mainprize Regional Park
- 35 McLaren Lake Regional Park
- 40 Moose Creek Regional Park



- 41 Moosomin & District Regional Park
- 43 Nickle Lake Regional Park
- 45 Notukeu Regional Park
- 46 Oungre Memorial Regional Park
- 48 Palliser Regional Park
- 51 Radville-Laurier Regional Park
- 54 Shamrock Regional Park
- 62 Thomson Lake Regional Park67 Welwyn Centennial Regional Park
- 70 Wood Mountain Regional Park
- 71 Woodlawn Regional Park

For more information on provincial parks or to make reservations, visit TourismSaskatchewan.com or call toll-free 1-855-737-7275 (reservations only).

For national park reservations, go online at pc.gc.ca or call toll-free 1-877-737-3783.

Visit saskregionalparks.ca for more information on regional parks. Contact individual parks for reservations.

TOP TRAVEL IN SOUTHERN SASKATCHEWAN

Maple Creek: The Modern West

Get the full flavour of southwest Saskatchewan hospitality with a visit to Maple Creek. Western agricultural traditions meet eastern spirituality at Grotto Gardens Country Market, where Downward Goat Yoga offers pet therapy for body, mind and soul. Relive your childhood at Cowtown Kids Toy & Candy, the largest independent toy store in Saskatchewan that sells traditional and nostalgic toys. Ghostown Blues Bed & Breakfast is a unique bed and breakfast with historic buildings, cabins and restored sheep wagons. Picture a prairie village from yesteryear that has undergone an eclectic cowboy chic makeover. Year round, the coffee pot is on and the welcome mat rolled out at Historic Reesor Ranch, a century-old working guest ranch high in the Cypress Hills. Pitch in with ranch activities like herd checks and cattle roundups, and, at the end of the day,

gather around a crackling campfire to swap stories, while enjoying cowboy poetry by the local bard.

Sea of grass

One of Saskatchewan's two national parks, Grasslands National Park is a 570-sq. km expanse of grassy hills and river valleys. Drive the Ecotour Road and view herds of Plains bison as they roam the land, grazing on native grasses. Black-tailed prairie dogs, black-footed ferrets and pronghorns make their home here - not to mention the snake hibernaculum. Stay in one of the park's iconic tipis or an oTENTik. At night, the Milky Way illuminates this designated Dark Sky Preserve. Backcountry hikers and campers will have a field day in the East Block. Backpack your way through the gorgeous, hoodoo-strewn landscape of the Valley of 1,000 Devils or take a drive on the 11-km Badlands Scenic

Viewpoint Road. This new paved route has six viewpoints highlighting some of the most spectacular vistas in Saskatchewan. In nearby Val Marie, Prairie Wind & Silver Sage is an ecomuseum, café, bookstore and gift shop not to be missed.

The Sandy Southwest

Located north of the Trans-Canada Highway near the village of Sceptre, the **Great Sand Hills** are well worth a visit. Rising five storeys above the prairie landscape, the sand hills cover more than 1,900 sq. km with rolling sand dunes, cracked cliffs and deep gorges. Further northeast, discover the **Beechy Sandcastles and Sunken Hill**. The trail leading to these natural attractions winds through sand dunes, tipi rings and unique landscapes and vistas overlooking Lake Diefenbaker. These ecologically fragile environments are located on private land.





When visiting, respect and obey all posted signs, close gates, and park in designated areas.

Saskatchewan sailing

Glide along the 800 km of shoreline as the wind catches your sail on Lake Diefenbaker. Or spend the day waterskiing, fishing, camping or golfing at one of the three provincial parks (Danielson, Douglas and Saskatchewan Landing) and various regional parks located along the lake. Moor your boat (with or without sails) at Lakeside Marina Service at Elbow and hit some golf balls at Harbor Golf Club & Resort, an 18-hole championship course situated on the bluffs overlooking the lake. This massive manmade lake is one of the premier recreation areas in southern Saskatchewan.

On Moose Mountain

Moose Mountain Provincial Park has an extensive trail network for hiking and mountain biking. Pass through the beautiful stands of aspen, birch, green ash and Manitoba maple that characterize this unique southern Saskatchewan forest. Pull out your clubs and hit the links at one or both of the two championship 18-hole golf courses in the area – Golf Kenosee or White Bear Lake Golf Course. Not far from the park, the Prairie Dog Drive-In Theatre near Carlyle is a nostalgic way to spend an evening.

Discover Scotty

Scotty, Canada's most complete T. rex skeleton, was found in the hills near the town of Eastend. The T.rex Discovery Centre was built to showcase the rich geological and fossil heritage of southwest Saskatchewan. For the best view of that ancient landscape, drive up to Jones Peak just outside of the town and gaze out over the valley.

Lake Diefenbaker

Scenic Qu'Appelle Valley

Grab your camping gear and explore the campgrounds and beaches of southeast Saskatchewan. From Regina, drive east through the Qu'Appelle Valley. Take your pick from six lakes – Pasqua, Echo, Mission, Katepwa, Round and Crooked – and cast your line to catch tonight's supper. Throw on some waterskis or strap on a wakeboard and take in the beautiful scenery from behind the boat. Nestled amid white birch and maples on the south side of the lake, Echo Valley Provincial Park has hundreds of campsites.

Vintage Moose Jaw

To see Moose Jaw is to love Moose Jaw. There's no better way to describe the effect that this small but lively city has on visitors. The downtown is packed full of heritage buildings, boutique-style shops and excellent restaurants. With its geo-thermal mineral pool and spa, Temple Gardens Hotel & Spa is one of the city's most famous attractions. Another is the immersive Tunnels of Moose Jaw. Dive into the world of

Historic Reesor Ranch Prohibition-era bootleggers in the Chicago Connection Tour, or experience the life of a

Chinese immigrant working at an underground laundry on the Passage to Fortune Tour. At the Western Development Museum - Moose Jaw, relive history with a ride on the only operating steam locomotive in Saskatchewan.

Art and Architecture. Art-chitecture? Gravelbourg, a bilingual community in southwest Saskatchewan, is home to Our Lady of Assumption Co-Cathedral. Built in 1918-1919, this national historic site features notable paintings by Monsignor Charles Maillard (painted 1921-1931) and stained glass windows from France. At the Shurniak Art Gallery in Assiniboia, sculptures by esteemed Canadian artists Robert Davidson and Joe Fafard dot the landscaped courtvard and grounds. The gallery houses the impressive art collection of Bill Shurniak, amassed during a lifetime of world travel.

Ice Age relic

The Big Muddy Badlands in the southwest are sprawling, intricate hills, valleys and caves that are rumoured to have once served as a place of refuge for Chief Sitting Bull, and later as a hideout for outlaws such as Sam Kelly. A relic of the Ice Age, Castle Butte rises 60 m above the surrounding landscape. It's a striking formation that served as a landmark for Indigenous people and members of the North West Mounted Police. Other unique





landscapes in southwest Saskatchewan include the Avonlea Dirt Hills and the Massold Clay Canyons at Claybank Brick Plant National Historic Site.

Cultural connection

Feel the beat of the drum, the power of the chant and the brilliance of outfits decorated with beads, bells, porcupine quills and feathers as dancers step, swirl and jingle during a traditional dance at the **Standing**



Time your visit to southern Saskatchewan right and you can catch some fantastic events. At the top of your list should be the SaskPower Windscape Kite Festival in Swift Current, which hosts champion kite flyers from around the world as they unveil stunning airborne creations. The kite festival coincides with the Long Day's Night Music Festival, which packs a summer's worth of live music into four days. Southern summers also bring the Gateway Festival in Bengough, the Saskatchewan Festival of Words in Moose Jaw, Country Thunder Music Festival in Craven and Mid Summer's Art Festival in Fort Qu'Appelle. Go back in time during Carlyle's annual Dickens Village Festival in December. **Buffalo Powwow** near **Fort Qu'Appelle**. Firmly rooted in tradition, the powwow continues to be an important cultural and social gathering of the First Nations community.

Think big in the southeast

See some of the largest pieces of coal mining equipment in North America at the Estevan Mine Site during the **Estevan Energy Tour**. Starting from the Estevan Visitor Information Centre, the tour also takes you to the Shand Power Station, the most environmentally advanced coal-fired generating station in Canada, and the Shand Greenhouse, where excess heat from the power station is used to produce thousands of tree seedlings each year. In **Weyburn**, visit the **Soo Line Historical Museum** to see the world's largest private silver collection, with more than 5,000 items.

Ride back in time

Climb aboard to visit another era, when railways criss-crossed southern Saskatchewan and people took the train to visit friends and family. Listen to stories of a bygone era as grassy hills and rolling landscapes pass by as you ride the rails. Based in **Ogema, Southern Prairie Railway** will transport you back in time with style, elegance and a bit of downhome charm.

Delicious destinations

You can work up a powerful appetite exploring southern Saskatchewan. In the town of **Shaunavon**, **Harvest Eatery** offers one-of-a-kind locally sourced fare and has earned acclaim among foodies and travellers alike. **Solo Italia** brings Italy to the community of **Ogema** with its authentic wood-fired pizzas. Big flavour and live music greet you at **The Happy Nun Café** in the small hamlet of **Forget** (pronounced "for-jay"), and **The Grotto** in **Vibank** specializes in traditional Mexican cuisine and southern barbecue.

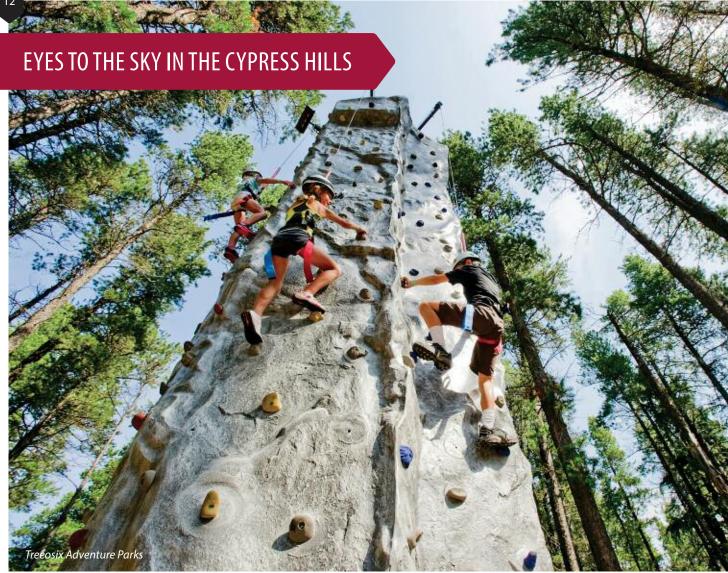


Echo Lake

As the snow settles in the lush lodgepole pine and white spruce forests of the Cypress Hills, pull out your cross-country skis or snowshoes and explore the 17 km of groomed trails in the Centre Block. Winter fun in **Cypress Hills Interprovincial Park** also includes tobogganing, skating, and snowmobiling (only in the designated area in the Centre Block).

Bordering small lakes and scenic viewpoints, **Moose Mountain Provincial Park** has an extensive trail system that allows winter enthusiasts to enjoy the beauty of the park. Travel through this unique southern Saskatchewan forest on 120 km of groomed snowmobile trails, 50 km of ski trails groomed for both classic and skate skiing and 10 km of snowshoe trails. Throw on your winter jacket, ski pants and helmet and ride the more than 350 km of snowmobile trails in the Qu'Appelle Valley. Strap on your snowboard and clear the frost from your goggles as you take to one of the 14 runs at **Mission Ridge Winter Park**, located south of **Fort Qu'Appelle**. The ski hill also has two terrain parks and three lifts.

Once the lakes and rivers across southern Saskatchewan freeze, communities of ice fishing shacks pop up. In the southeast, **Last Mountain Lake** and the **Qu'Appelle Valley** lakes are favourite ice fishing spots. **Lake Diefenbaker**, in the southwest, is another prime location, renowned for its trophy-sized rainbow trout.



When the glaciers retreated, they missed a spot in the southwestern corner of the province, leaving a forested plateau towering high above the plains below at Cypress Hills Interprovincial Park. The unexpected mountain-like oasis on the border between Saskatchewan and Alberta reaches an elevation of 1,392 m above sea level, marking the province's highest geographical point.

The mix of landscapes - towering hills, lush lodgepole pine and white spruce forests, and fescue prairie and wildflowers - provides breathtaking views. Take a driving tour to some of the park's most scenic spots, including Lookout Point and Bald Butte in the Centre Block. In the West Block, experience a Saskatchewan sunset from the Conglomerate Cliffs.

In this wilderness area of the park, you can go backcountry camping. Pack your tent, supplies and your horse. In addition to two quiet, rustic campgrounds with few amenities, there is an equestrian campground with corrals. On horseback, witness spectacular vistas as you explore a portion of The Great Trail (formerly the Trans Canada Trail) to see the Hidden Conglomerate Cliffs.

The Great Trail transects the park. In the Centre Block, this trail covers over 16 km of rugged countryside and will challenge the seasoned hiker. With an extensive network of trails in this area of the park, visitors can hike the backcountry to see nature untamed or navigate relaxing self-guided trails with interpretive signage. Paved trails provide quick access between the campgrounds and the beach, resort and swimming pool in the core area.

Wake up to the heady aroma of the lodgepole pine forest in one of the park's six front-country campgrounds that range from basic to fullservice. After a full day of swimming at the pool or beach and standup paddleboarding on Loch Leven, swap stories and make smore-filled memories with your family around a crackling evening campfire.

The brilliance of the night sky will amaze you if conditions are right for stargazing. The park is a designated Dark Sky Preserve and astronomy programs are offered at the observatory by an astronomer-inresidence.

For those feeling adventurous, one of the popular attractions in the park allows you to experience its beauty (and the forest canopy) by zipline. Treeosix Adventure Parks also offers an outdoor climbing wall, treetop adventure park, treetop drop, slackline course and minizips for the little ones.

At Fort Walsh National Historic Site, find out what life was like in a working fort during a time that shaped the history of Western Canada. The fort was a North West Mounted Police (NWMP) post established in 1875 and played a key role in imposing law and order in the west. Staff in period costume relay stories about the lawless days of rotgut whiskey runners and Canada's role in the aftermath of the Battle of the Little Bighorn.

CENTRAL SASKATCHEWAN





Provincial Parks and Historic Parks:

- 2 The Battlefords Provincial Park3 Blackstrap Provincial Park
- 15 Duck Mountain Provincial Park
- 17 Fort Carlton Provincial Park
- 19 Good Spirit Lake Provincial Park
- 21 Greenwater Lake Provincial Park
- 30 Pike Lake Provincial Park
- **31** Porcupine Hills Provincial Park

National Parks and Historic Sites:

- 1 Batoche National Historic Site
- 3 Doukhobor Dugout House National Historic Site
- 5 Fort Battleford National Historic Site
- 7 Fort Livingstone National Historic Site
- 8 Fort Pelly National Historic Site

- 10 Frenchman Butte National Historic Site
- 14 National Doukhobor Heritage Village
- 18 Seager Wheeler Farm National Historic Site
- 19 Wanuskewin Heritage Park

Regional Parks:

- 3 Atton's Lake Regional Park
- 6 Brightsand Lake Regional Park
- 11 Clearwater Lake Regional Park
- 14 Eagle Creek Regional Park
- 15 Emerald Lake Regional Park
- 16 Eston Riverside Regional Park
- 17 Glenburn Regional Park
- 18 Hudson Bay Regional Park
- 19 Ituna & District Regional Park
- 22 Kindersley Regional Park

- 23 Kipabiskau Regional Park
- 25 Lake Charron Regional Park
- 26 Last Mountain Regional Park
- 27 LeRoy Leisureland Regional Park
- 28 Leslie Beach Regional Park
- **30** Lucien Lake Regional Park
- 31 Macklin Lake Regional Park
- 33 Manitou & District Regional Park
- 34 Martins Lake Regional Park
- 36 McNab Regional Park
- 37 Meeting Lake Regional Park
- **39** Meota Regional Park
- 44 Nipawin & District Regional Park
- 47 Outlook & District Regional Park
- 49 Pasquia Regional Park
- 50 Prairie Lake Regional Park



- 52 Redberry Lake Regional Park
- 53 Sandy Beach Regional Park
- 55 Silver Lake Regional Park
- 56 St. Brieux Regional Park57 Struthers Lake Regional Park
- **59** Sturgis & District Regional Park Lady Lake
- 60 Suffern Lake Regional Park Senlac
- 61 Suffern Lake Regional Park Manitou
- 63 Valley Rosthern Regional Park
- 64 Valley Waldheim Regional Park
- 65 Wakaw Lake Regional Park
- 66 Wapiti Valley Regional Park
- 68 Whitesand Regional Park
- 69 Wilkie Regional Park
- 72 York Lake Regional Park

For more information on provincial parks or to make reservations, visit TourismSaskatchewan.com or call toll-free 1-855-737-7275 (reservations only).

For national park reservations, go online at pc.gc.ca or call toll-free 1-877-737-3783.

Visit saskregionalparks.ca for more information on regional parks. Contact individual parks for reservations.

TOP TRAVEL IN CENTRAL SASKATCHEWAN

Manitou Beach

Wild carrots and walleye

Named after the wild carrots that grow along the riverbanks, Carrot River will surprise you with its rolling hills, lush summer greenery and charm of its residents. Pasquia Regional Park is home to Big Bert, a 5.8-metre ancestor of the modern crocodile that hunted its prev when Saskatchewan was an inland sea. Just outside of Nipawin, Tobin Lake has gained notoriety as the premier walleye and northern pike fishing lake in Saskatchewan, and is one of the top walleye lakes in North America. Take a tour of the lake with Aurora Houseboats and relax on the top deck with friends. Pack your clubs and visit a few of the golf courses in the area - Evergreen Golf Course, Rolling Pines Golf and Country Resort and Pasquia Regional Park Golf Course.

A trip to Yorkton

Yorkton is an urban hub of east central Saskatchewan and one of the major centres of Ukrainian settlement in the province. Visit St. Mary's Ukrainian Catholic Church for the beautiful architecture and religious paintings. The **Godfrey Dean Art Gallery** features contemporary works from Saskatchewan artists. At the Yorkton branch of the **Western Development Museum**, see an actual settler shack preserved for visitors, and learn the sad story of the Humeniuk carved figures.

Not your average grain bin

The world is full of unusual accommodations, from an underwater hotel in Zanzibar to glass-ceilinged igloos in Finland, but very few travellers have caught a good night's sleep in a grain bin. At **Alive Sky Lodge/BINcredible**, guests can choose between a room in the main lodge or the luxury suite inside a metal grain bin. Located an hour's drive west of Saskatoon in **Rosetown**, Alive Sky Lodge offers a quiet country setting close to urban amenities.

Parks, parks, more parks

A short drive from Yorkton, immerse yourself in boreal forest surrounded by rolling hills and glistening lakes at **Duck Mountain** Provincial Park. Madge Lake has an 18-hole golf course, great beaches, hiking and horseback riding for the outdoor enthusiast. Good Spirit Lake Provincial Park has a vast array of activities, including golf at the Good Spirit Lake Golf Resort, and an alluring, unique landscape. Hike through the beautifully sculpted sand hills along The Great Trail or enjoy the shallow sandy lake with the kids.

Floating on salt, dancing on air

There are hidden gems, and then there's Manitou Beach. The intense mineral concentration of Little Manitou Lake draws people from around the world for the water's reputed healing properties. Manitou Springs Resort & Mineral Spa allows you to try out the waters in a relaxing indoor pool. After a soak, put on your dancing shoes and kick up your heels at Danceland, an old-fashioned dance hall with one of the last horsehairsprung dance floors in North America.





Railroad adventures

At one time, Saskatchewan had a robust network of regional passenger trains connecting small communities. Today you can experience the comfort of railroad travel via the **Wheatland Express Excursion Train**. The tourist train runs on the Wheatland Railway short-line along Highway 2 between the towns of **Cudworth** and Wakaw. Enjoy dining, entertainment and the pleasure of relaxing and watching the rolling prairie landscape go by. Themed rides include tasting excursions, medieval feasts and maybe even a train heist.

Central eats

One of the joys of road trips and travelling through rural areas is stumbling on great restaurants. In **Stenen**, **Rawhides Bistro & Saloon** is a destination restaurant with an expansive menu and a down-home feeling that will put you at ease. **Nipawin's The Spot Restaurant and Lounge** offers elevated comfort food, Sunday brunch and a separate gluten-free menu. Near **Blaine Lake**, the **Olive Tree Restaurant & Black Top Diner** is a '50s-style diner featuring Mediterranean cuisine and organic Greek wine and beer.

A little culture in the Battlefords View powerful images of the Northern Plains Cree through the art of renowned Indigenous artist Allen Sapp at the

ONE-OF-A-KIND EVENTS

Allen Sapp Gallery/The Gonor Collection in North Battleford. Sapp's real-life depictions of his past have been seen around the world and earned the late artist provincial and national recognition, including the Order of Canada. At the North Battleford branch of the Western Development Museum, tour a working 1920s-era village and farm with a fully preserved grain elevator.

Along the border

Straddling the boundary of Saskatchewan and Alberta, **Lloydminster** boasts a mix of homespun hospitality with big city amenities. The city's historic downtown is home to more than 100 retailers, restaurants and services. Spend the day exploring the **Lloydminster Cultural & Science Centre**, featuring an art gallery, antique museum, wildlife display and heavy oil science centre. In nearby St. Walburg, visit the Imhoff Museum & Art Gallery. Count Berthold von Imhoff's paintings grace cathedrals and churches across North America.

On the trail of history

Fort Battleford National Historic Site represents a period in history when Battleford was the capital of the Northwest Territories. At Batoche National Historic Site, discover the lives of Métis residents between 1860 and 1900 – the trails they walked, their homes, their church, which help tell the story of the Battle of Batoche. These national historic sites, along with Fort Carlton Provincial Park and Duck Lake, are part of the trans-provincial Trails of 1885 initiative.



Central Saskatchewan is packed with unique cultural events. The long-running Yorkton Film Festival will be back with its selection of short films from around the world. At Back to Batoche Days, experience the culture and diversity of the Métis way of life with jigging, fiddling and traditional foods. Get a dose of Ukrainian culture at Veselka Festival in Foam Lake. Don't miss a chance to throw horse bones around at the Macklin World Bunnock Championship Challenge. The St. Walburg Wild Blueberry Festival has been paying tribute to the tasty berry for more than 30 years. In Preeceville, dogsled races are the main attraction at the annual Mushers' Rendezvous in February.

WHEN THE SNOW FALLS



Discover a hidden winter wonderland as you explore central Saskatchewan by snowmobile. After a day of riding through untouched powder and witnessing breathtaking scenery, warm up in one of the shelters along the trail. Communities and parks throughout the northeast, such as **Hudson Bay**, **Carrot River** and **Greenwater Lake Provincial Park**, offer access to some of the province's most cherished trails.

Pull out the downhill skis and hit the slopes or put on a snowboard and grind rails at one of the region's ski hills – **Table Mountain Regional Park**, **Wapiti Valley Regional Park** and **Duck Mountain Ski Area**. For those who prefer to cross-country ski, hundreds of trails wind through parks and forests, across open prairie, over rolling hills and in and around cities and towns.

With a world-record ice fishing catch in the books, **Tobin Lake**, near **Nipawin**, should be one of your go-to spots for that trophy walleye. With a three-month season (mid-December to mid-March) and an abundance of great fishing lakes across central Saskatchewan, opportunities for winter anglers to get out on the ice are countless.

ROADSIDE ATTRACTIONS AND HIDDEN GEMS

Go for a drive down the highways and back roads of central Saskatchewan. You'll find surprising sights, ancient archaeology and welcoming communities. It's time for a road trip.

Crooked Bush – Just northwest of the town of **Hafford** in the Redberry Lake Biosphere Reserve, a boardwalk winds through a landscape of twisting and corkscrewing aspens. Is it a genetic mutation? Did a lightning strike affect the soil? Is it the result of UFO landings? Scientists don't know for sure, although they've ruled out the UFO theory. Whatever the explanation, an exploratory stroll along the boardwalk will intrigue you.

Cochin Lighthouse – A landlocked prairie province is the last place you'd expect to find a lighthouse, but if you take a trip to **Cochin**, you'll see it with your own eyes. This working lighthouse was built in 1988 on Pirot Hill overlooking Jackfish and Murray lakes. Climb the 153 steps up the hill to visit the structure and you will be treated with an amazing view of the surrounding landscape and vast prairie skies.

Sesula Mineral and Gem Museum and Rock Shop – Remember the childhood thrill of finding a beautiful or unusual stone at the beach or just off a forest path? At the Sesula Mineral and Gem Museum and Rock Shop in Radisson, relive that fascination and discover a trove of gems and minerals. Check out polished spheres of amethyst and pink quartz, or marvel at the rainbow surfaces and bizarre shapes of bismuth crystals. Launched in 2016 by Judah Tyreman, 12, and his sister Avi, 7, the museum is a treat for rock lovers or anyone who enjoys spending time discovering something unusual and new.

Ancient Echoes Petroglyphs – The Ancient Echoes Interpretive Centre, located near Herschel, is a treasure trove of paleontology, ecology and pre-contact Indigenous civilization. At Coal Ravine, you can explore an area that includes a buffalo rubbing stone, buffalo jump, buffalo processing area, and various stone circles. Three petroglyphs with ceremonial markings, available by guided tour only, are believed to have had religious significance and provide a window into ancient Indigenous culture.

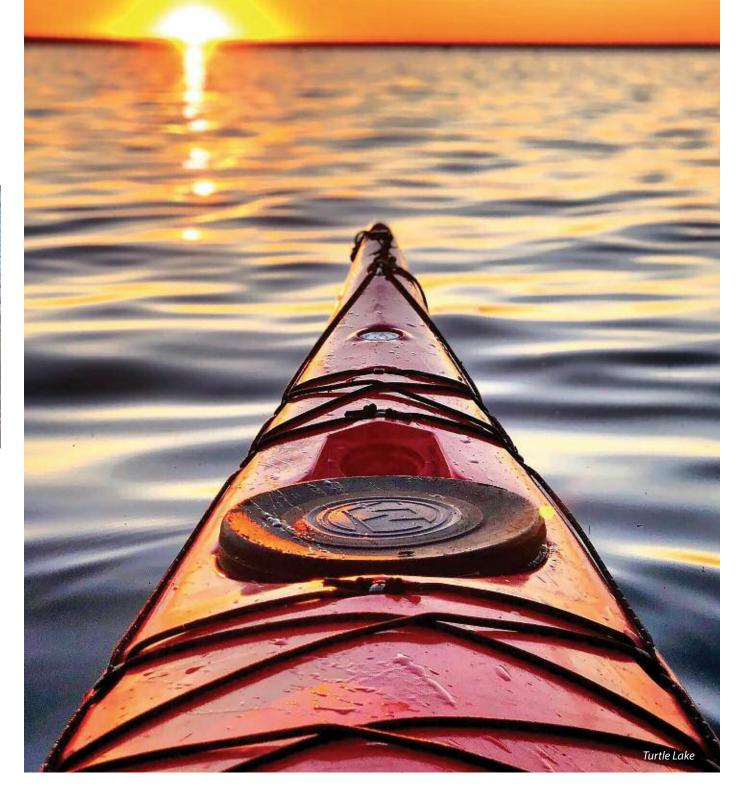


Prairie Performances – Take in dinner and a show in Rosthern at the Station Arts Centre and Tearoom, a renovated Canadian National Railway station converted into an art gallery, seminar space, tearoom and performing arts theatre. Typically staging performances with a rural theme, its annual summer theatre plays to sold-out audiences on a regular basis. In Meacham, Dancing Sky Theatre offers professional theatre and dining in a village of 80 people.

The Macklin Bunnock – If you don't know what a bunnock is, take a trip to Macklin and check out the giant bunnock sculpture that doubles as a tourist information centre. Confused? A bunnock is the ankle bone of a horse. If you're still confused, the town's residents will be happy to tell you about the game of bunnock and the Macklin World Bunnock Championship Challenge, which is held every year and regularly draws more than 1,000 competitors of all ages.

Your road trip isn't over yet. Have you seen an onion dome church near **Yorkton** or the statue of Lesia in **Canora**? Or the World's Second Largest Honey Bee in **Tisdale**? How about the GM truck perched up in the sky in **Cudworth**? Or the Great Wall of Saskatchewan near **Smile**? Take a look around and you'll love what you discover when you get off of the beaten path.







NORTHERN SASKATCHEWAN

PROVINCIAL PARK/PROVINCIAL HISTORIC PARK

Provincial Parks and Historic Parks:

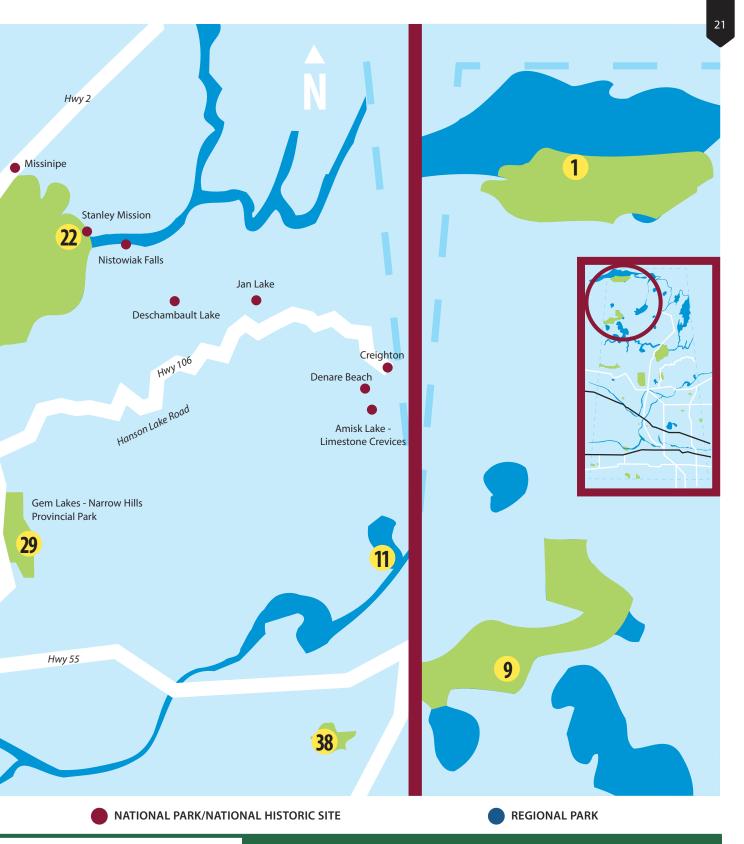
- 1 Athabasca Sand Dunes Provincial Park
- 4 Bronson Forest Recreation Site
- 6 Candle Lake Provincial Park
- 8 Clarence-Steepbank Lakes Provincial Park
- 9 Clearwater River Provincial Park
- 11 Cumberland House Provincial Historic Park

- 18 Fort Pitt Provincial Park
- 20 Great Blue Heron Provincial Park
- 22 Holy Trinity Anglican Church Provincial Historic Site
- 24 Lac La Ronge Provincial Park
- 26 Makwa Lake Provincial Park
- 27 Meadow Lake Provincial Park

- 29 Narrow Hills Provincial Park
- 36 Steele Narrows Provincial Park
- 38 Wildcat Hill Provincial Park

National Parks and Historic Sites:

16 Prince Albert National Park



Regional Parks:

- 5 Big River Regional Park
- 8 Canwood Regional Park
- 29 Little Loon Regional Park
- 38 Memorial Lake Regional Park
- 42 Morin Lake Regional Park
- 58 Sturgeon Lake Regional Park

For more information on provincial parks or to make reservations, visit TourismSaskatchewan.com or call toll-free 1-855-737-7275 (reservations only).

For national park reservations, go online at pc.gc.ca or call toll-free 1-877-737-3783.

Visit saskregionalparks.ca for more information on regional parks. Contact individual parks for reservations.

TOP TRAVEL IN NORTHERN SASKATCHEWAN

Meadow Lake Provincial Park

Lights, sand, action!

Candle Lake Provincial Park is named after a Cree legend that speaks of mysterious lights appearing on its north shore. It is also known for its crystal-clear water, numerous beaches, fragile drifting dunes and abundant wildlife. Soak up the sun on the white sand of Minowukaw Beach or encounter an unexpected sight along Candle Lake's shoreline – a purple sand beach. Hit the greens and spend the afternoon tackling the challenging course carved through the forest at Candle Lake Golf Resort.

Luxury lodging

At **Elk Ridge Resort**, indulge in first-class comfort and fine dining set amidst rustic elegance or hit the links on the championship-quality 27-hole golf course. It is not uncommon to see an elk on the fairway. After your round, unwind at Salacia Spa and rejuvenate with an organic body wrap or relax with a hot stone massage.

Eskers and emerald waters

Known for their dazzling reflections of jade and aquamarine, the **Gem Lakes** are a haven for brook, rainbow and brown trout. Exotic hybrids, such as splake and tiger trout, also roam these waters and are known to put up a fight that may leave your hands trembling. The Gem Lakes are only one corner of **Narrow Hills Provincial Park**, where dozens of lakes locked in pristine wilderness hold northern pike, walleye and more. Take the Narrow Hills Scenic Drive and get a bird's-eye view of this scenic vista comprising boreal forest and clear lakes that stretch for miles and miles.

Lace 'em up

The Boreal Trail in Meadow Lake Provincial Park spans an epic 120 km, east to west across the park. This destination backpacking trail traverses through wild and varied ecosystems within the northern forest. Backcountry campsites are available throughout the trek and numerous entry-exit points are available for shorter hikes. If you have the family in tow, cool off at the beach and camp at Kimball Lake or stay at All Season Waters Edge Eco Lodge on Greig Lake.

Wild West

Catch a ride western-style and travel the trails on horseback. Visit the Wild West side of **Prince Albert National Park** and see one of the only free-ranging herd of Plains bison in Canada within its historic range. The scenery



along the trails is incredibly varied, ranging from big open meadows and grassy knolls, to narrow forest paths and crystal-clear rivers and lakes.

The voyageurs' path

There are countless canoe routes in northern Saskatchewan, many of which have been used since before the fur trade. Paddle through distinct ecoregions that exhibit unique terrain, flora and fauna, past boiling rapids and ancient pictographs. In Lac La Ronge Provincial Park, dip your oar into the Churchill River and discover a tangible sense of history that permeates the land and water. Tranquil lakes, roaring falls and a sense of serenity are the allure of the North. With a drop of 24 m, one of the province's highest and most beautiful waterfalls – Nistowiak Falls – is located along this river's route.

Fishing the shield

Hanson Lake Road is where you will find flyin quality fishing lakes without ever stepping foot on a plane. Resorts at Little Bear, Deschambault and Jan Lakes offer cabin accommodations, while recreation sites and campgrounds are found along the way. Near **Creighton** and **Denare Beach**, see the limestone crevices along **Amisk Lake**'s south shore. Formed by coral in an ancient seabed, the ground was pried apart by repeated freezing and thawing, creating a labyrinth of moss and stone.

Gateway to the North

In Saskatchewan's oldest city, **Prince Albert**, take some time to explore the downtown area. Step into an alternate history at the steampunk-themed **The Rusty Owl**, or browse the racks of handcrafted Indigenous goods at **The North West Company** store. Stop in at the **Prince Albert Historical Museum**, housed in an old fire hall overlooking the North Saskatchewan River, to discover the story of the fur trade and the roots of Western Canada.

Flying high

Get your adrenaline pumping by soaring 40 feet above the ground on a zipline at the Elk Ridge location of Treeosix Adventure Parks. With seven runs, an outdoor climbing wall, slackline park, giant swing and a spikeball court prepare to see the forest from a new vantage point.

Sacred history

Situated prominently on the banks of the Churchill River in the northern community of Stanley Mission, the Holy Trinity Anglican Church is the oldest building in Saskatchewan. Built in a Gothic Revival style, the church was constructed between 1854 and 1860 from hardwood logs cut by local Indigenous peoples and features stained glass imported from England.

Sleep in style

Enjoy the cosy comfort of The Yeti Yurt or Betty's Abode at Flora Bora Forest Lodging near Emma and Christopher Lakes. The beautifully crafted and thoughtfully designed yurts – circular tents built from wood and canvas, originating from Central Asia – are the perfect place to become one with nature. Large and small yurts are available for rent at Nesslin Lake Campground. Prince Albert National Park offers oTENTiks, a cross between an A-frame cabin and prospector tent that kids will love.



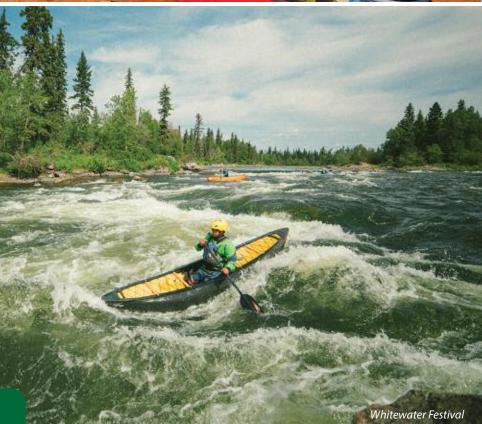
Natural wonder

In the remote north, Saskatchewan's largest lake is home to the **Athabasca Sand Dunes**. These billowing sands stretch for 100 km along the south shore of **Lake Athabasca** and are the world's most northerly dunes. Aside from the striking view, this protected park is home to a fragile and unique ecosystem rich in rare and endemic (only found here) plants. The area is accessible by floatplane only and recommended for experienced wilderness users, as there are no onsite services. Guided tours by licensed outfitters are available.

Furs and wares

Roll your fingers over the intricate beadwork on a fur-lined moccasin or beautiful handstitched suede purse. Lose yourself in the delicate patterns of authentic birch bark bitings. Marvel at the sight of raw furs. **Robertson Trading Ltd.** in **La Ronge** will take you back in time to an era of traders and trappers. Though the store still buys and sells furs, you can find all of the modern camping gear, groceries and supplies you need.

ONE-OF-A-KIND EVENTS



Northern Saskatchewan is home to events and festivals that celebrate nature, art and culture. **Churchill River Canoe Outfitters** hosts the **Whitewater Festival** at **Missinipe**, which draws novice and expert paddlers for three days of roaring rapids. Near **Big River**, the **Ness Creek Music Festival** brings over 4,000 people together for four days of camping, music and good vibrations. The **Waskesiu Lakeside Music Festival** is a family-friendly festival held in Prince Albert National Park. Winter is saluted with celebrations like the **Prince Albert Winter Festival**, with its vintage snowmobile races, snow sculpting competition and King Trapper event, and the **Canadian Challenge Sled Dog Race** that takes teams through breathtaking terrain in the northern boreal forest.

WHEN THE SNOW FALLS

A had a Amarica of



Embrace winter surrounded by the beauty of northern Saskatchewan. Adventures await at some of the province's most popular parks and four-season destinations in the snowy season.

While the Alaskan huskies bark and yelp around you, snuggle in your sled with a blanket and wait in anticipation as your musher readies the team for takeoff. Located on the southern edge of the boreal forest in **Great Blue Heron Provincial Park**, **Sundogs Excursions** offers afternoon trips and overnight dogsledding adventures.

This area is ideal for snowmobiling. The Lakeland snowmobile trail system encompasses more than 350 km of groomed trails in and around Great Blue Heron Provincial Park and connects with Elk Ridge Resort. With local trails ranging from 7 km to 120 km in length, riders of all ages can suit up for this family-friendly winter activity. After a day of sledding, nothing beats roasting a hotdog and enjoying a hot chocolate at one of the warm-up shelters along the trail.

Breathe in the fresh northern air as you head out for a cross-country ski or snowshoe at **Elk Ridge Resort**. Experience the boreal forest in all of its winter glory as you glide through or hike the resort's more than 10-km groomed trail system. Then strap on some skates or grab a broom and rocks and curl a few ends. The lodge overlooks a frozen pond with a skating loop and hockey rinks, as well as a



curling sheet. Before the day is done, hit the resort's toboggan hill where you can jump on a tire tube and race to the bottom.

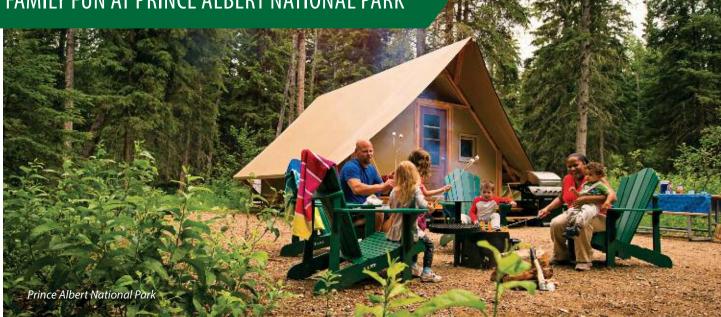
At nearby **Prince Albert National Park**, explore winding, scenic trails on cross-country skis or by snowshoe. Hit the ice for some indoor skating at the Paul G. Horne Memorial Arena or venture out on the frozen lake for some ice fishing. Look up and be enchanted by the northern lights and starry sky as you set up camp at one of the two front-country winter campgrounds, located along the shores of Waskesiu Lake.

Northeast of **Big River**, the **Ness Creek Site**, home to music festivals and cultural events in the summer, transforms into a winter oasis hidden in the boreal forest. The site has 10 winterized cabins, designed and furnished to keep visitors cosy through all seasons. Onsite activities include ice skating and 25 km of groomed crosscountry skiing and snowshoeing trails.

In the province's northwest, **Meadow Lake Provincial Park** is the ideal location for winter adventure. With more than 20 lakes, rivers and streams within its boundaries, the park has no shortage of ice. Set up a hut, drill some holes and spend the afternoon ice fishing. Explore the expansive park by snowmobile on more than 115 km of trails – 40 km of which are groomed. Make **All Season Waters Edge Eco-Lodge** at Greig Lake your home base as you spend the day snowshoeing, cross-country skiing or skating.

Elk Ridge Resort

FAMILY FUN AT PRINCE ALBERT NATIONAL PARK



When was the last time you wandered through the woods? Enjoy the call of the wild with your family at Prince Albert National Park -3,875 sq. km of outstanding natural wonders where parkland meets forest. The park is one of Saskatchewan's most popular four-season destinations, a place where you can mix northern wilderness encounters with the comforts of a lakeside resort.

Located approximately 90 km north of Prince Albert, the charming resort village of Waskesiu, situated in Prince Albert National Park, has a wide range of services.

Within the park boundaries, there are five front-country, vehicleaccessible campgrounds. Pitch your tent or park your RV in one of two major campgrounds.

Red Deer Campground is a 161-site full-service (water, sewer and electrical hook-up) pull-through campground for recreational vehicles (RVs) and trailers located in the Waskesiu townsite.

Beaver Glen Campground is ideal for RV and tent camping in a wilderness setting. Located on the fringe of the townsite, it has 200 electrified back-in sites, as well as modern, accessible washrooms and centrally located camp kitchens. It also has 10 reservable oTENTiks. Rough it in style in this family-friendly accommodation - a cross between an A-frame cabin and a prospector tent equipped with beds and furniture on a raised floor.

For a more rustic setting or peaceful, lakeside camping, there is the Narrows Campground, Namekus Lake Campground or Sandy Lake Campground. With a backcountry permit, adventure-seeking visitors can hike or canoe and camp in remote reaches of the park. There are 14 designated backcountry campgrounds in four different wilderness areas.

If you prefer the amenities or luxury of a hotel or condo, stay at one of the park's deluxe accommodations.

Recreation is the name of the game here with hiking, swimming, fishing, golfing and canoeing.

With more than 150 km of hiking trails within the park, you can choose your own path at your own pace. There are 19 trails varying in length

and level of difficulty - from short walks and day hikes to overnight backcountry excursions. All hiking trails, including Boundary Bog Trail, Red Deer Trail and Waskesiu River Trail, offer breathtakingly scenic views, wildlife, lush vegetation and many points of interest.

Hit the beach and spread a towel in the sand, take a dip in the clear, shallow waters, explore the shoreline by stand-up paddleboard or enjoy the hot summer days with boating and on-water activities, such as waterskiing and wakeboarding. In addition to the 600-metre-long Main Beach, located in the townsite, there are five other road- and water-accessible beaches scattered around Waskesiu Lake.

Go fishing and cast your line for lake trout, northern pike and walleye. Surrounded by the stillness of a northern lake, the only sounds are those of the gentle splash of your lure hitting the water.

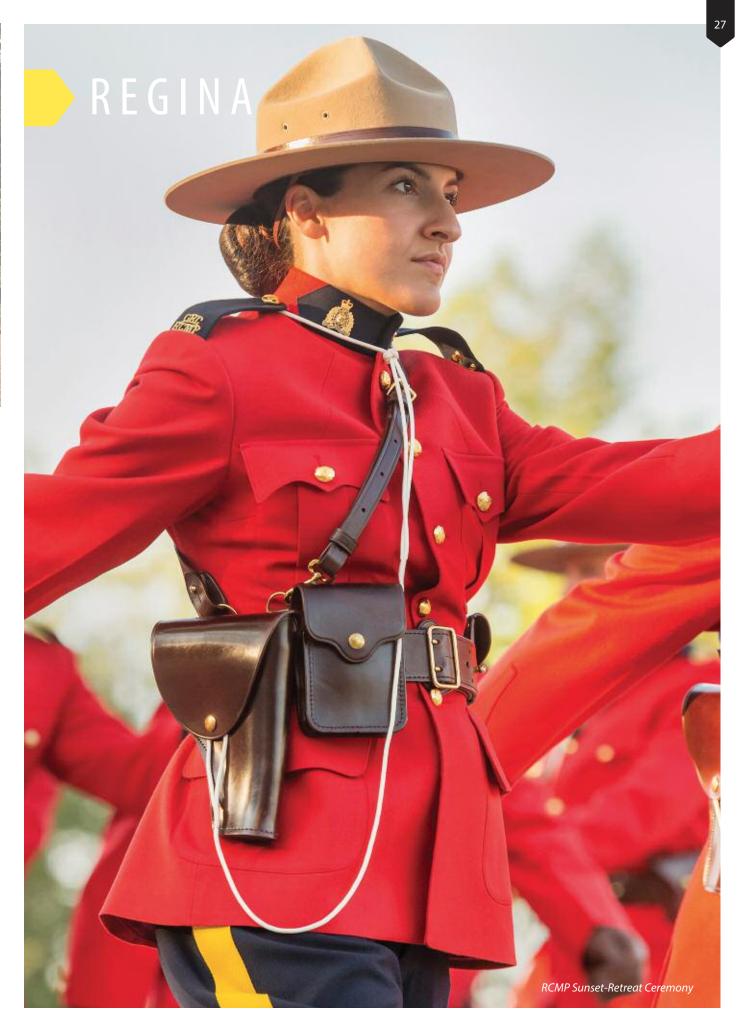
Golf one of the province's most picturesque and challenging layouts. Designed by Stanley Thompson and built in the 1930s, the Waskesiu Golf Course is an 18-hole grass-green course with rolling terrain and a mature forest flanking the fairways. For those who prefer golf of the mini variety, Little Al's Mini Golf is a recent addition to the park. Opened in 2018, the course's design reflects natural, historic and cultural themes and iconic treasures from the national park, such as the Lobstick tree on hole #1 and Rawhide's beaver lodge on hole #18.

Visit the Waskesiu Heritage Museum and Friends of the Park

Bookstore to learn about the famed conservationist Grey Owl, or visit his cabin first-hand with a guided interpretive tour. By foot or canoe, make the pilgrimage to the one-room log cabin on the shore of Ajawaan Lake. Built in 1931, the cabin was home to the acclaimed naturalist, his wife Anahareo, and their pet beavers, Jellyroll and Rawhide.

Following a day of outdoor pursuits, look for the comforts of home in the Waskesiu townsite. Pick up some summer fashions and keepsakes at unique boutiques and shops and enjoy a delicious dinner at one of the many local restaurants. Grab an ice cream cone for dessert and walk the length of the breakwater overlooking the park's expansive beach or catch a family-friendly movie at the local theatre.

From your campsite to the golf course and backcountry to the beach, opportunities to connect with your family are endless.



HOLIDAY HIGHLIGHTS IN REGINA



Urban sanctuary

Beat the Saskatchewan summer heat as you paddle out on a canoe, kayak or stand-up paddleboard to one of Wascana Lake's many constructed islands, or take a leisurely cruise with Ferry Boat Tours. **Wascana Centre**, one of the largest urban parks in North America, is an oasis in the middle of the city and an excellent venue for walking, cycling and jogging. The park is also home to the 23-acre Wascana Lake Migratory Bird Sanctuary, where you might spot some wild creatures, from painted turtles and wetland birds to pelicans and cormorants.

New dinosaur in town

Move over, Megamunch. In May 2019, the **Royal Saskatchewan Museum**'s newest star attraction will make his debut. Scotty, the most massive Tyrannosaurus rex in the world, will call the Regina museum his second home (his first is the T.rex Discovery Centre in Eastend). The addition of this exhibit means major redevelopment to the current space with two-storey viewing of the dinosaur skeleton replica and gathering space.

Salute the serge

The **Royal Canadian Mounted Police (RCMP) Heritage Centre** is a great spot to learn more about the ongoing story of a Canadian icon. In the exhibit hall, check out the Musical Ride virtual reality experience or the driving simulator. On the grounds of RCMP Academy, "Depot" Division, visit the historic **RCMP Chapel**, Regina's oldest building, or watch the cadets practicing drills in the **Sergeant Major's Parade**, weekdays at 12:45 p.m. Throughout the summer, take in the magnificent **Sunset-Retreat Ceremony**.



ONE-OF-A-KIND EVENTS

On nearly any given warm-weather weekend in Regina, a concert or cultural event is spicing up the evening. In August, the **Regina Folk Festival** transforms downtown with musical acts from around the world. At **Mosaic – A Festival of Cultures**, spend your day touring the city and visiting pavilion after pavilion full of cultural heritage. Participate in a round dance at the **First Nations University of Canada Annual Spring Celebration Powwow**, or take in a competitive rodeo at **Canadian Western Agribition**. In February, head to Wascana Centre for skating, snowshoeing and outhouse races at the **Waskimo Winter Festival**. Shop for original holiday gifts at the **WinterGreen Fine Craft Market** in November.





Go for a drive

Within a short drive from Regina, you'll find the town of **Lumsden** in the Qu'Appelle Valley. Browse the shops, stroll by the river or set off on a trail into the rolling hills. Take a tour of **Last Mountain Distillery**, famous for its dill pickle vodka. At **Over the Hill Orchards and Winery**, pick up a bottle of fruit wine and Prairie Cherry chocolates or indulge in a gourmet meal prepared by a guest chef at one of its weekend Supper in the Orchard events.

City of art

Spend a leisurely afternoon browsing works of art in some of Regina's galleries. Located in the T.C. Douglas Building, the **MacKenzie Art Gallery** features thought-provoking works from around the world. Get lost in your thoughts in 24,000 sq. ft. of gallery space, or browse the giftware in The Gallery Shop. Also visit the **Art Gallery of Regina** and the **Dunlop Art Gallery** at the Regina Public Library. Private galleries, such as **Slate Fine Art Gallery** and **Nouveau Gallery** pepper the downtown.

At the market

On Wednesday and Saturday mornings in the summer, head to City Square Plaza in Regina's downtown and pick up some fresh local produce, delicious baking and original crafts at the **Regina Farmers' Market**. Busy food trucks, craft liquor sampling, local music and salsa dancing are highlights of the Market Under the Stars events in July and August. In the fall, the market moves indoors, and with winter comes Holiday Night Markets for festive fun and Christmas shopping.

Victorian elegance in the 21st century Step back in time and admire turn-of-thecentury elegance while exploring Government House Museum and Heritage Property, which was built in 1891 to house

the Lieutenant Governor of the Northwest

Territories. Now it's home to a museum, a conservatory and formal Edwardian Gardens.

Prairie politics

Constructed in 1912, the **Saskatchewan Legislative Building** is one of the grandest buildings in Western Canada. Designed by the Maxwell Brothers of Montreal in Beaux-Arts style, the building was constructed with Manitoba Tyndall stone and 34 types of marble. Take a tour to learn about the vision that early leaders had for the province and the many famous Canadians who are a part of Saskatchewan's political legacy.

Mind-expanding fun

Located in a century-old, decommissioned power plant, the **Saskatchewan Science Centre** features more than 185 hands-on exhibits of history, nature and technology. Take in an interactive stage show or watch an IMAX movie on the giant screen.



Snowshoe through **Wascana Centre** or strap on skis and travel the park's many pathways in cross-country style. The city of Regina boasts almost 14 km of groomed ski trails for people of all ages and skill levels. The trails are located at various sites, including Douglas Park, Kinsmen Park, Les Sherman Park and AE Wilson Park. Outside of the city, **White Butte Trails Recreation Site** has 13 km of trails in treed sections of gently rolling hills, while the **Wascana Valley Nature Recreation Site** has 15 km of trails for skiing and snowshoeing.

Bring your skates to the specially prepared skating area located next to Wascana Lake. Lace up in the heated change room and spend the afternoon gliding around the ice. Or head to **The Rink @ City Square** in the heart of downtown Regina.

GAME DAY IN REGINA

You can tell when it is game day in Regina because people are wearing their favourite team's colours – green and white. For a real sense of Regina's community spirit, take in a Saskatchewan Roughriders football game at the new Mosaic Stadium. "Rider Pride" is a phenomenon well worth experiencing.



Pre-game Meal

Regina is home to a number of great restaurants, from casual cafés to fine dining. Avenue Restaurant and Bar opened in Regina's downtown in June 2018, and has already made the list of best new restaurants in Canada. Capitol Restaurant & Cocktail Bar is known for its sophisticated cocktail menu, while Victoria's Tavern is great for lively pre-game dinner and drinks. A day in Regina is not complete without a visit to Wascana Centre. On warm summer days, The Willow on Wascana boasts the best view in the city from its lakeside patio seating. Also with views of Wascana Lake, Skye Café and Bistro focuses on local, organic and seasonal ingredients, some of which are grown onsite.

Game Time!

No matter what time of year, try saying, "Green is the colour" to someone in Saskatchewan. You'll probably hear "Football is the game" in response. Fans flock to **Saskatchewan Roughrider** games all over Canada, but there's nothing quite like sitting in **Mosaic Stadium**, surrounded by cheering fans wearing green and white jerseys and helmets carved from watermelons. Take home a game day memento with a visit to the Rider Store.

Post-game Party

Following the game, head to Regina's Warehouse District and enjoy a locally produced brew and a bite to eat. Over the last few years, the city's craft brewing scene has become an attraction all its own. Award-winning **Bushwakker Brewpub** serves its signature beers with next-level pub grub, and **Rebellion Brewing Co**.'s inventive brewers are always coming up with something new. Dance the night away at one of the clubs on Dewdney Avenue, check out a live music show at one of the many venues found in this area, or hit the gaming floor at nearby **Casino Regina**. Located in the historic Union Train Station, the casino has over 800 slot machines, close to 40 table games and an eight-table poker room.



1. Mosaic Stadium 1734 Elphinstone Street

2. Bushwakker Brewpub 2206 Dewdney Avenue

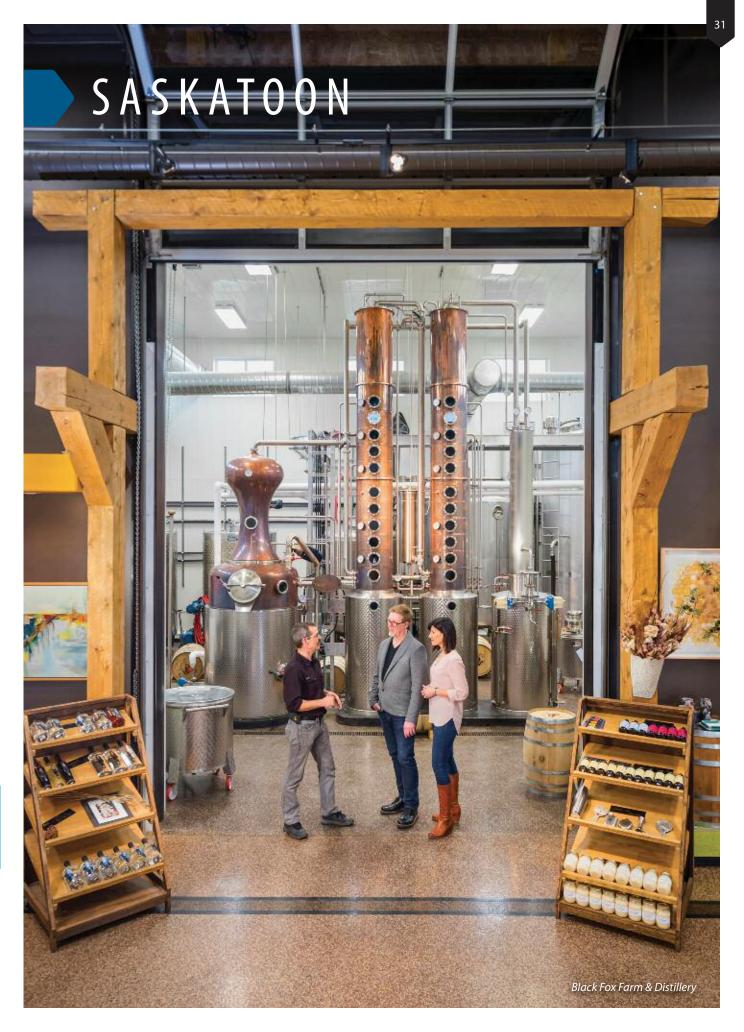
3. Rebellion Brewing Co. 1901 Dewdney Avenue 4. Casino Regina 1880 Saskatchewan Drive

5. Avenue Restaurant and Bar 100-2201 11th Avenue

6. Capitol Restaurant & Cocktail Bar 1843 Hamilton Street 7. Victoria's Tavern 1965 Hamilton St

8. The Willow on Wascana 3000 Wascana Drive

9. Skye Café and Bistro 2903 Powerhouse Drive



HOLIDAY HIGHLIGHTS IN-SASKATOON



Picasso by the water

The recently opened **Remai Modern**, considered one of North America's most visionary new art galleries, features dazzling exhibits from artists around the globe, including the world's largest collection of Picasso linocuts. From the outside, the gallery makes a bold statement with its awardwinning architecture. Step through the doors and explore its collection of more than 400 Picasso linocuts and 23 ceramic works, as well as temporary and touring exhibitions of modern and contemporary art. After your tour, stop at the 68-seat onsite **Shift** restaurant for food with a local flair.

A river runs through it

Stop and smell the wildflowers along the Meewasin Trail. More than 80 km of riverbank paths wind through the city along the tree-lined banks of the mighty South Saskatchewan River. Walk, jog, cycle or sit and enjoy the many landscaped parks and natural

ONE-OF-A-KIND EVENTS

areas Saskatoon has to offer. Or see Saskatoon from the water on the top deck or inside the heated cabin of The Prairie Lily. Let **Prairie River Cruises** be your guide as you enjoy the beautiful scenery. Enjoy a relaxing afternoon tour or dinner cruise and gain a unique perspective of the city.

A gathering place

Walk back in time through 6,000 years of history of the Northern Plains people at **Wanuskewin Heritage Park**. Follow the Path of the People, explore the Trail of Discovery or climb to the east prairie along the Trail of the Buffalo. During the summer from mid-May to September, traditional dance performances connect visitors with the past. Join in on a communal round dance and allow the beat to lead the way. Try some traditional Indigenous cuisine with a contemporary twist at the restaurant, or browse the gift shop and art gallery. You can even stay at the park and overnight in a tipi.



Saskatoon has a full slate of events throughout the year, with summer being especially jam-packed. Mellow out at the SaskTel Saskatchewan Jazz Festival, or take a seat by the river to enjoy the Shakespeare on the Saskatchewan Festival. Wait until dark for the Nutrien Fireworks Festival, or rock out to classic tunes at Rock the River. For tasty food and cultural delights, try out Folkfest or A Taste of Saskatchewan. Nutrien WinterShines and the BHP Enchanted Forest Holiday Light Tour bring people together throughout the winter.



Saskatoon brews and spirits

Saskatoon is filled to the brim with craft brewers and distillers. In the historic Riversdale neighbourhood, **9 Mile Legacy Brewing Company** offers creative and tasty pints. **Prairie Sun Brewery** and **Paddock Wood Brewing Co.** tirelessly top up their taps with new brews. **LB Distillers** turned a lottery win into a thriving business. Not far from the city, **Crossmount Cider Company** makes crisp and delicious ciders, while nearby **Black Fox Farm & Distillery** concocts award-winning gin and liqueurs on their working farm.

On par

From the natural sand dunes and indigenous prairie grasses that surround **Dakota Dunes Golf Links** to the Island Green at **The Willows Golf & Country Club**, the seven first-class courses in Saskatoon and area offer challenges for golfers of all skill levels.

Down by the river

Pack up the kids and head down to the river, where you can cool off on a hot Saskatoon summer day at the Saskatchewan River Basin water play feature at River Landing. This attraction was designed with the local geography and natural and cultural heritage in mind. Pick up a freshly baked Saskatoon berry pie or some homegrown vegetables at the **Saskatoon Farmers' Market**, just a few steps away. Entertainment by local musicians, tantalizing lunch options and cooking classes make the farmers' market a natural choice.

Feel the Rush

Feel the excitement as the **Saskatchewan Rush Lacrosse Club** takes to the field at SaskTel Centre and welcomes National Lacrosse League (NLL) teams from across North America. Saskatchewan Rush games are fast-paced and energetic, with plenty of music and spectacle. There's nothing like being in a sold-out arena watching an intense game surrounded by passionate fans. The NLL season runs from December to April.

Bring the kids

Saskatoon is full of places where children can have a great time (and the grown-ups can relax a little bit). At the **Saskatoon Forestry Farm Park and Zoo**, meet Phoenix the red panda and the zoo's resident cougars, Malcolm and Jethro. Take a ride on the ferris wheel for a bird's eye view of the city at

Nutrien Playland at Kinsmen Park.

At Wilson's Lifestyle Centre/Stoked Centre, rip around on high-speed electric go-karts, fly high on the 200-ft. zipline, challenge yourself on the suspended obstacle course and let the little ones jump in bouncy castles.

Boomtown

Imagine yourself washing clothes on a scrub board, stoking the fire in the cook stove and shopping in the general store as you explore the lives of Saskatchewan's early settlers at **Western Development Museum** – **Saskatoon**, 1910 Boomtown, the life-size re-

creation of a main street from yesteryear, also boasts a priceless collection of antique automobiles and a working exhibit, the Boomtown Café.

Paddle your way

See Saskatoon from a whole new perspective as you canoe, kayak or stand-up paddleboard into the city on the South Saskatchewan River. Running from **Gardiner Dam** at the northern tip of **Lake Diefenbaker** to the city of Saskatoon, the 105-km **Chief Whitecap Waterway** takes you through beautiful river valleys.



The **Meewasin Trail** becomes a winter wonderland once the snow flies. Pull out your cross-country skis or snowshoes and explore the city in all seasons. Glide along the groomed trails at Holiday Park and Wildwood golf courses.

Lace up some skates and take to the ice at the **Cameco Meewasin Skating Rink** @ **Nutrien Plaza**, located in Kiwanis Park next to the historic Delta Hotels by Marriott Bessborough. The outdoor skating rink has a cosy warm-up shelter, fire pit, washrooms and skates available to borrow.

Opening in 2019 is the redeveloped **Optimist Hill at Diefenbaker Park**. The winter recreation facility features tubing lanes, areas for tobogganing, downhill skiing and snowboarding and a terrain park with rails, boxes and jumps, and a magic carpet conveyor to carry people to the top of the hill. The next phase will include a chalet with concession counter and function rooms.

DOWNTOWN DINING

Saskatoon has gained a well-justified reputation as a hotspot for restaurants and bars. New places seem to pop up every few months in the downtown area, but here are a few that will satisfy your cravings.



1. Primal

423 20th Street West

Imagine if Saskatchewan invented Italian food. Primal serves handmade pasta dishes using Saskatchewan heritage grains and whole animal butchery.

2. Odd Couple

228 20th Street West The Yuen family own and operate Odd Couple, serving Asian cuisine with a unique take on familiar dishes.

3. The Hollows

334 Avenue C South Cultivated and wild ingredients come together in delicious ways at The Hollows. Innovative and passionate cuisine.

4. Hometown Diner

210 20th Street West

Is any phrase in the English language more beautiful than "all-day breakfast?" Get there early to secure a fresh-made doughnut, or drop in during the day for a "brekkie" and a mimosa.

5. Leyda's Café

112 20th Street West An "experiential café" serving gluten-free and nut-free whole food for all.

6. Drift Sidewalk Café & Vista Lounge

339 Avenue A South A sidewalk café, a rooftop patio and even a hammock lounge – casual food and cocktails for leisurely days.

7. Saskatoon Farmers' Market

414 Avenue B South Indoor and outdoor market areas, plenty of vendors and café areas – it's a Saturday morning vacation.

8. Little Grouse on the Prairie

167 3rd Avenue South Italian fine dining, with excellent cocktails to match.

9. Bon Temps Café

223 2nd Avenue South New Orleans dining on the prairies, with plenty of seafood and heaps of gumbo.

10. Sticks and Stones

226 2nd Avenue South Korean-inspired comfort food with a focus on intense flavours and delicious drinks. Pull up a chair at the cocktail bar in the back or grab a table with friends and co-workers.

11. Ayden Kitchen & Bar

265 3rd Avenue South Chef Dale Mackay and his team bring gourmet casual dining and handcrafted cocktails to downtown Saskatoon.

12. Shift

102 Spadina Crescent East at the Remai Modern Contemporary cooking rooted in Canadian flavour.

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All Season Waters Edge Eco Lodge (Meadow Lake Provincial Park) • watersedgeecolodge.ca • 306-234-7900	22, 25
Allen Sapp Gallery/The Gonor Collection (North Battleford) • allensapp.com • 306-445-1760	17
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Buffalo Pound Provincial Park • tourismsaskatchewan.com/provincialpark/303/buffalo-pound-provincial-park • 306-694-3229	7
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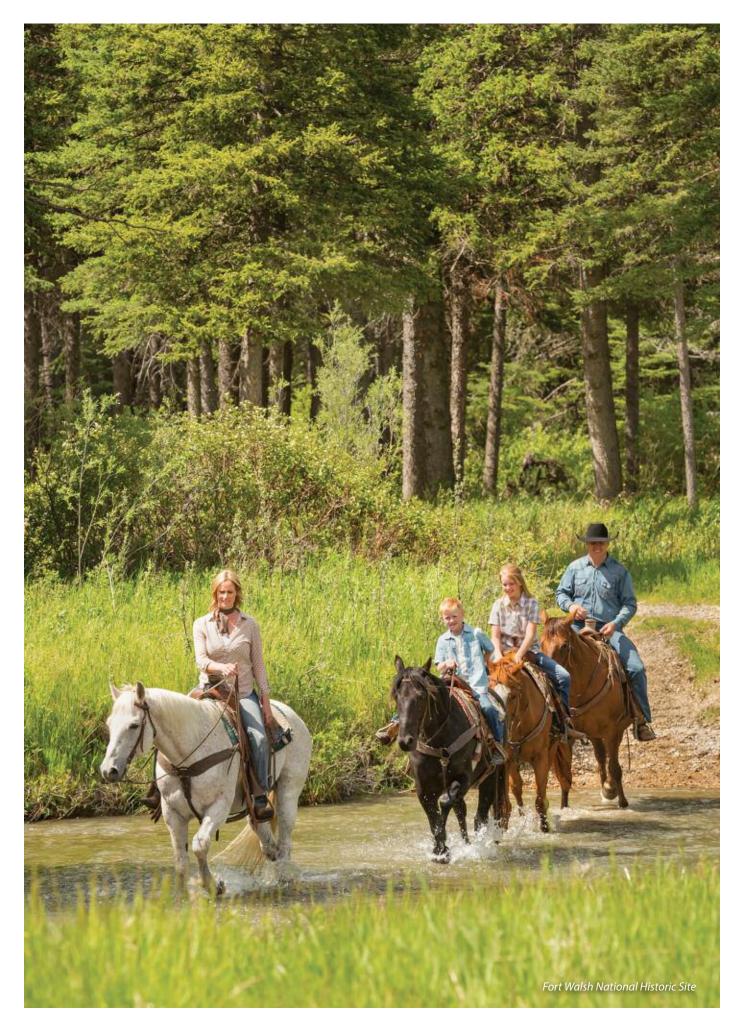
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Radville-Laurier Regional Park (Radville) • radville.ca/recreation/radville-laurier-regional-park • 306-869-2231	7
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RCMP Heritage Centre (Regina) • rcmphc.com • 1-866-567-7267	28
RCMP Sergeant Major's Parade (Regina) • rcmp-grc.gc.ca/depot • 639-625-3201	28
RCMP Sunset-Retreat Ceremony (Regina) • rcmp-grc.gc.ca/depot • 639-625-3201	28
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Regina Folk Festival (Regina) • reginafolkfestival.com • 306-757-0308	28
Remai Modern (Saskatoon) • remaimodern.org • 306-975-7610	32
Robertson Trading Ltd. (La Ronge) • facebook.com/Robertson-Trading-Ltd-1085859948102425 • 1-888-414-4422	20, 24
Rock the River (Saskatoon) • rocktheriversaskatoon.ca • 306-975-3175	32
Rolling Pines Golf and Country Resort (Tobin Lake) • rollingpinesgolf.ca • 306-862-9600	16
Rowan's Ravine Provincial Park • tourismsaskatchewan.com/provincialpark/1013/rowans-ravine-provincial-park • 306-725-5200	7
Royal Saskatchewan Museum (Regina) • royalsaskmuseum.ca • 306-787-2815	28
Sandy Beach Regional Park (Lloydminster) • sandybeachpark.ca • 306-825-2092	14
Saskatchewan Festival of Words (Moose Jaw) • festivalofwords.com • 306-691-0557	10
Saskatchewan Landing Provincial Park • tourismsaskatchewan.com/provincialpark/312/saskatchewan-landing-provincial-park • 306-375-5525	6, 9
Saskatchewan Legislative Building and Grounds (National Historic Site) • legassembly.sk.ca • 306-787-5358	7, 29
Saskatchewan Roughriders Football Club (Regina) • riderville.com • 1-888-474-3377	30
Saskatchewan Rush Lacrosse Club (Saskatoon) • saskrush.com • 306-978-7874	33
Saskatchewan Science Centre (Regina) • sasksciencecentre.com • 1-800-667-6300	29
Saskatoon Farmers' Market (Saskatoon) • saskatoonfarmersmarket.com • 306-384-6262	33, 34
Saskatoon Forestry Farm Park & Zoo (Saskatoon) • saskatoon.ca/parks-recreation-attractions/events-attractions/saskatoon-forestry-farm-park-zoo • 306-975-3382	33
SaskPower Windscape Kite Festival (Swift Current) • windscapekitefestival.ca • 306-591-3642	10
SaskTel Saskatchewan Jazz Festival (Saskatoon) • saskjazz.com • 306-652-4700	32
Seager Wheeler Farm National Historic Site (Rosthern) • seagerwheelerfarm.org • 306-232-5959	14
Sesula Mineral and Gem Museum and Rock Shop (Radisson) • facebook.com/The-Sesula-Mineral-Gem-Museum-568720099956702 • 639-317-5669	14, 18
Shakespeare on the Saskatchewan Festival (Saskatoon) • shakespearesask.com • 306-652-9100	32
Shamrock Regional Park (Shamrock) • shamrockregionalpark.ca • 306-394-4269	6
Shift (Saskatoon) • shiftrestaurant.com • 306-978-8954	32, 34
Shurniak Art Gallery (Assiniboia) • shurniakartgallery.com • 306-642-5292	6,9
Silver Lake Regional Park (Maidstone) • saskregionalparks.ca/park/silver-lake • 306-893-2831	14
Skye Café and Bistro (Regina) • skyecafeandbistro.com • 306-352-7593	30
Slate Fine Art Gallery (Regina) • slategallery.ca • 306-775-0300	29
Solo Italia (Ogema) • soloitalia.ca • 306-459-7747	10
500 Line Historical Museum (Weyburn) • weyburn.ca/soo-line-historical-museum-2 • 306-842-2922	10
Southern Prairie Railway (Ogema) • southernprairierailway.ca • 306-459-1200	7, 10
St. Brieux Regional Park (St. Brieux) • saskregionalparks.ca/park/st-brieux • 306-275-2255	15
St. Mary's Ukrainian Catholic Church (Yorkton) • saintmarysyorkton.com • 306-783-4594	16
St. Victor Petroglyphs Provincial Historic Park • tourismsaskatchewan.com/provincialpark/313/st-victor-petroglyphs-provincial-historic-park • 306-694-3229	7
St. Walburg Wild Blueberry Festival (St. Walburg) • blueberryfest.stwalburg.ca • 306-248-3384	17
Standing Buffalo Powwow (Fort Qu'Appelle) • fhqtc.com/member-first-nation/standing-buffalo • 306-332-4685	10
Station Arts Centre and Tearoom (Rosthern) • stationarts.com • 306-232-5332	14, 18
Steele Narrows Provincial Park • tourismsaskatchewan.com/provincialpark/928/steele-narrows-provincial-park • 306-837-2410	20
Sticks and Stones (Saskatoon) • sticksandstonesyxe.com/welcome.html • 306-979-1919	34
Struthers Lake Regional Park (Kinistino) • saskregionalparks.ca/park/struthers-lake • 306-864-3240	15
Sturgeon Lake Regional Park (Sturgeon Lake) • saskregionalparks.ca/park/sturgeon-lake • 306-747-3331	20
Sturgis & District Regional Park - Lady Lake (Preeceville) • saskregionalparks.ca/park/sturgis-district-lady-lake • 306-547-2029	15
Suffern Lake Regional Park (Senlac) • saskregionalparks.ca/park/suffern-lake • 306-826-5410	14
Suffern Lake Regional Park - Manitou (Marsden) • 306-826-5588	14
Sundogs Excursions (Great Blue Heron Provincial Park - Anglin Lake) • sundogs.sk.ca • 306-960-1654	25
T.rex Discovery Centre (Eastend) • royalsaskmuseum.ca/trex • 306-787-2815	6, 9
Table Mountain Regional Park (The Battlefords) • tablemountainregionalpark.com • 306-937-2920	18
Temple Gardens Hotel & Spa (Moose Jaw) • templegardens.sk.ca/index.html • 1-800-718-7727	9
The Battlefords Provincial Park • tourismsaskatchewan.com/provincialpark/930/the-battlefords-provincial-park • 306-386-2212	14
The Grotto (Vibank) • facebook.com/The-Grotto-252748928079371 • 306-762-2010	10
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The Hollows (Saskatoon) • thehollows.ca • 306-652-1505	34
The North West Company (Prince Albert) • 306-763-7891	23
The Rink @ City Square (Regina) • reginadowntown.ca/rink-at-city-square • 306-359-7541	29
The Rusty Owl (Prince Albert) • the-rusty-owl.com • 306-970-8022	23
The Spot Restaurant and Lounge (Nipawin) • spotrestaurant.ca • 306-862-0005	17
The Willow on Wascana (Regina) • willowonwascana.ca • 306-585-3663	30
The Willows Golf & Country Club (Saskatoon) • willowsgolf.com/default.aspx • 306-956-1100	33
Thomson Lake Regional Park (Thomson Lake) • thomsonlake.com • 306-472-3752	6
Touchwood Hills Post Provincial Historic Park • tourismsaskatchewan.com/provincialpark/1014/touchwood-hills-post-provincial-historic-park • 306-332-3215	7
Trails of 1885 • trailsof1885.com • 1-866-467-2057	17
Treeosix Adventure Parks (Cypress Hills Interprovincial Park) • treeosix.com • 306-663-1221	12
Treeosix Adventure Parks (Elk Ridge Resort) • treeosix.com • 306-663-1221	23
Tunnels of Moose Jaw (Moose Jaw) • tunnelsofmoosejaw.com • 306-693-5261	9
Valley - Rosthern Regional Park (Rosthern) • valleyregionalpark.com • 306-232-5000	14
Valley - Waldheim Regional Park (Waldheim) • waldheimvrp.ca • 306-945-2255	14
Veselka Festival (Foam Lake) • foamlakeveselka.ca • 306-272-4658	17
Victoria's Tavern (Regina) • victoriastavern.ca • 306-352-8427	30
Wakaw Lake Regional Park (Wakaw) • saskregionalparks.ca/park/wakaw-lake • 306-233-4644	15
Wanuskewin Heritage Park (Saskatoon) • wanuskewin.com • 1-877-547-6546	14, 32
Wapiti Valley Regional Park (Codette Lake) • saskregionalparks.ca/park/wapiti-valley • 306-862-5621	15, 18
Wascana Centre (Regina) • wascana.ca • 306-522-3661	28, 29, 30
Wascana Valley Nature Recreation Site (Regina) • tourismsaskatchewan.com/listings/1003/reginawascana-valley-trails • 306-725-5200	29
Waskesiu Golf Course (Prince Albert National Park) • waskesiugolf.com • 1-855-663-5300	26
Waskesiu Heritage Museum and Friends of the Park Bookstore (Prince Albert National Park) • waskesiuheritagemuseum.org • 306-551-3256	26
Waskesiu Lakeside Music Festival (Prince Albert National Park) • waskesiulake.ca/events.php • 306-663-5410	24
Waskimo Winter Festival (Regina) • waskimo.com • 306-537-5167	28
Welwyn Centennial Regional Park (Welwyn) • saskregionalparks.ca/park/welwyn-centennial • 306-645-4535	7
Western Development Museum (Moose Jaw) • wdm.ca/mj.html • 306-693-5989	9
Western Development Museum (North Battleford) • wdm.ca/nb.html • 306-445-8033	17
Western Development Museum (Saskatoon) • wdm.ca/stoon.html • 306-931-1910	33
Western Development Museum (Yorkton) • wdm.ca/yk.html • 306-783-8361	16
Wheatland Express Excursion Train (Cudworth) • wheatlandexpress.ca • 306-233-3068	15, 17
White Bear Lake Golf Course (White Bear First Nation) • whitebeargolf.com • 1-800-577-4902	9
White Butte Trails Recreation Site (Regina) • tourismsaskatchewan.com/listings/1004/reginawhite-butte-trails-recreation-site • 306-332-3218	29
Whitesand Regional Park (Theodore) • saskregionalparks.ca/park/whitesand • 306-647-2191	15
Whitewater Festival (Missinipe) • churchillrivercanoe.com/whitewater-festival.html • 306-635-4420 Will be strill be stored with the store of the sto	24
Wildcat Hill Provincial Park • tourismsaskatchewan.com/provincialpark/1819/wildcat-hill-provincial-park • 306-278-3519	21
Wilkie Regional Park (Wilkie) • saskregionalparks.ca/park/wilkie • 306-843-2692 Wilkie Regional Park (Castra	14
Wilson's Lifestyle Centre/Stoked Centre (Saskatoon) • wilsonsgreenhouse.ca • 306-955-9593	33
WinterGreen Fine Craft Market (Regina) • saskcraftcouncil.org • 306-653-3616	28
Wood Mountain Post Provincial Historic Park (Wood Mountain) • tourismsaskatchewan.com/provincialpark/314/wood-mountain • 306-694-3229	6
Wood Mountain Regional Park (Wood Mountain) • woodmountainpark.ca • 306-266-4249 Woodlawn Regional Park (Estavan) • woodlawnregionalpark com • 306-634-2324	7
Woodlawn Regional Park (Estevan) • woodlawnregionalpark.com • 306-634-2324 York Lake Regional Park (Yorkton) • saskregionalparks.ca/park/york-lake • 306-782-7080	15
Yorkton Film Festival (Yorkton) • yorktonfilm.com • 306-782-7077	17
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